

20. Days of Gratitude (Gratitude and Wisdom as actual forces)

1- Nawal B'at'z – I am open to receive the presence of Gratitude so I may live with the presence of Wisdom behind everything and anything I engage in both inwardly and outwardly in my life. I feel the Gratitude of Wisdom flowing through my blood.

2- Nawal Beey- I am open to receive the presence of Gratitude so I may live with the presence of Wisdom allowing my inner destiny to emerge. I feel the Gratitude of Wisdom flowing through my brain and nervous system.

3- Nawal Aaj – I am open to receive the presence of Gratitude for the ability to live from the presence of Wisdom so I may experience the possible emerging through all of the organic and mineral forms, all plants, all animals, all humans, and between all electrical pulses being embraced by Gaia. I feel the Gratitude of Wisdom flowing through my bones, spinal column, and full skeletal system.

4- Nawal I'x – I am open to receive the presence of Gratitude for the ability to live from the presence of Wisdom opening me to experience the dreaming energy of the heart behind everything that is visible and invisible. I feel the Gratitude of Wisdom flowing through my entire being, weaving Love into the form and shape of all things possible.

5- Nawal Tz'ikin – I am open to receive the presence of Gratitude for the ability to live from the presence of Wisdom, for the possible is always present and emerges through one's quiet inner voice. I feel the Gratitude of Wisdom flowing through my path of the interconnectivity of the unbroken chain of energy-Love.

6- Nawal Ajma'k – I am open to receive the presence of Gratitude for the ability to live from the presence of Wisdom overriding any and all darkness. Regardless of the source or origins of darkness, first Light transmutes this darkness. I feel the Gratitude of Wisdom flowing through my entire Being, for this presence of the First Light of Wisdom allows the reconciliation and the transmutation of any and all challenges into the emergence of new beginnings and possibilities.

7- Nawal Na'ooj – I am open to receive the presence of Gratitude for the ability to live from the presence of Wisdom, allowing Nawal No'j to transmute anything and everything into the flow of Wisdom - the voice of the great grandmother. I feel the Gratitude of Wisdom letting it transform my thoughts, feelings, emotions, perceptions, body, and brain into growing what is possible.

8- Nawal Tijaax – I am open to receive the presence of Gratitude for the ability to live from the presence of Wisdom allowing Nawal Tijax to cut out and separate any and all challenges regardless of how large or hopeless those challenges may be perceived. I feel the Gratitude of Wisdom which assists Nawal Tijax to transmute all pain, all challenges, all suffering, in any and all forms. This presence can rejuvenate, restore, and heal any and all forms of illness and disease and allows a new emergence of what is possible to be lived.

9- Nawal Kawoq- I am open to receive the presence of Gratitude for the ability to live from the presence of Wisdom so I may be aware of and speak from the voice of the great grandmother. I feel the Gratitude of Wisdom supporting the transformation of my voice both inner and outer, for this voice will end all suffering, any and all forms of illness, disease, or pain.

10- Nawal Ajpuub'- I am open to receive the presence of Gratitude for the ability to live from the presence of Wisdom, which is naturally inherent within me and within everything that exists on the earth. I feel the Gratitude of Wisdom within me as the fire of the radiant sun, the glow of the full moon, and the radiance of the stars, all of which allows my whole wisdom to grow fully in relationship to all of life.

11- Nawal Imo'x- I open to receive the presence of Gratitude for the ability to live from the presence of Wisdom, as it weaves together this Wisdom Energy that places me on the path of good medicine. I feel the Gratitude of Wisdom that flows from within these Primordial Waters, the source of all Emergences, so my petitions and intentions for the interconnectivity of my heart to the heart behind everything can be lived.

12- Nawal Q'iiq'- I open to receive the presence of Gratitude for the ability to live from the presence of Wisdom, through the divine Breath of the Wind. This breath of Wisdom is behind the Voice of the Great Grandmother, and behind my breath. I feel the Gratitude of Wisdom for the Wind that flows through all challenges. It is the purifier, the healer that cleans away everything that is not weaved together into the flow of the heart.

13- Nawal Aq'abal- I open to receive the presence of Gratitude for the ability to live from the presence of Wisdom, so that its natural flow will emerge for renewal, regeneration, and rejuvenation of the Wisdom of Possibilities. I feel the Gratitude of Wisdom for the New Light that flows from the heart behind everything so that the voice of wisdom behind the Great Grandmother will guide all expressions into the flow of Wisdom.

14- Nawal K'at- I open to receive the presence of Gratitude for the ability to live from the presence of Wisdom, knowing that I can release whatever patterns are tangled and bound within my reactivity. Whatever it is that is challenging and tangled within my awareness can be dissolved. I feel the Gratitude of Wisdom for the Fire-Light of Nawal K'at, as it untangles, unravels, uncrusts, dissolves, and unweaves all energies that stop and hinder the blessings of Wisdom that emerge from - kindness, love, gentleness, and compassion from fully flowing.

15- Nawal Kaan- I open to receive the presence of Gratitude for the ability to live from the presence of Wisdom, knowing that this energy is called upon to strengthen the empowering nature of both transmutation and emergence. I feel the Gratitude of Wisdom for this allows the energy of the Heart of the Earth to connect to the Heart behind Everything.

16- Nawal Kamik- I open to receive the presence of Gratitude for the ability to live from the presence of Wisdom, so I may experience that the doorway between the unseen and seen worlds are open for all of time. I feel the Gratitude of Wisdom because I may ask Rei Pascal to place me onto my path, onto the path of my destiny for this Life.

17- Nawal Keej- I open to receive the presence of Gratitude for the ability to live from the presence of the Energy of Wisdom, which will always supports a quality of life to emerge supporting my purpose, and my meaning in Life. I feel the Gratitude that I may live this life from the flow of Wisdom Energy, which is available behind anything and everything.

18- Nawal Q'aniil, - I open to receive the presence of Gratitude for the ability to live from the presence of Wisdom, experiencing the very living presence of Wisdom that is inherent within everything. I feel the Gratitude of Wisdom's Light, for this gives new life and vitality to the uniqueness behind everything and anything that emerges from the presence of this light.

19- Nawal Toj- I open to receive the presence of Gratitude for the ability to live from the presence of Wisdom through the Fire of my inner light, the light of the sun, and the light from the heart behind all things into the flow of Wisdom Energy. I feel the Gratitude of Wisdom through Nawal Toj, which naturally carries me onto a new path or a new road regardless of the suffering, the pain, and the illness. This new path reflects the qualities of the flow of the Heart Behind Everything.

20- Nawal Tz'e'- I open to receive the presence of Gratitude for the ability to live from the presence of Wisdom that connects me to what is possible behind my words, my actions, my beliefs, and my dreams. I feel the Gratitude of Wisdom's Light, for it will allow my will to dissolve the attributes of pride, ambition, envy.